

Position	Bib	First Name	Last Name	Category	Race Title	Time
1	125	Evan	Roberts	MSEN	5k	20.05
2	23	Finnley	Parr	MSEN	5k	21.26
3	109	Philip	Mcquade	M45	5k	23.56
4	114	Daniel	Ocallaghan	MSEN	5k	24.14
5	99	Zach	Jarvis	MSEN	5k	24.15
6	29	Harry	Simcock	MSEN	5k	24.19
7	124	Jamie	WarButton-Lee	MSEN	5k	24.45
8	96	Tomas	Hulka	MSEN	5k	24.59
9	91	Angus	Hill-trevor	MSEN	5k	25.59
10	106	Maisie	Love	MSEN	5k	26.26
11	118	Catrin	Street-mattox	FSEN	5k	27.41
12	120	Becky	Ward	FSEN	5k	28.21
13	101	Howard	Jones	M50	5k	28.42
14	100	Hannah	Jones	FSEN	5k	29.10
15	119	Ryszard	Swistowski	MSEN	5k	29.20
16	108	Eleanor	Mcquade	F45	5k	29.25
17	92	Iain	Hill-trevor	M50	5k	30.42
18	112	Andrea	Nowell	F45	5k	31.00
19	103	Sarah	Jones	F40	5k	31.01
20	95	Denise	Hufton	F65	5k	31.28
21	79	Kim	Dodd	F60	5k	31.46
22	85	Tamara	Goode	F45	5k	32.10
23	97	Marketa	Hulkova	FSEN	5k	32.29
24	105	Pam	Linney	F55	5k	32.39
25	110	Ffion	Mitchell	FSEN	5k	33.20
26	83	Owen	Ellis	MSEN	5k	33.22
27	81	Harvey	Ellis	MSEN	5k	33.22
28	93	Kate	Hill-trevor	F50	5k	33.34
29	88	Grace	Griffith	FSEN	5k	33.52
30	122	Samantha	Yapp	F35	5k	34.30
31	123	Stephen	Yapp	M60	5k	37.30
32	76	Cerys	Clarke	F60	5k	38.41
33	77	Michael	Clarke	M55	5k	38.41
34	132	Sofie	Suckley	FSEN	5k	38.51
35	94	Iain	Howells	MSEN	5k	39.15
36	74	Robyn	Brown	FSEN	5k	39.15
37	288	Libby	Yakas	FSEN	5k	39.31
38	113	David	O'callaghan	M60	5k	39.45
39	102	Nerys	Jones	FSEN	5k	40.14
40	38	Tony	Eden	M45	5k	40.35
41	98	Catherine	Jackson	F40	5k	40.35
42	286	Wendy	Williams	F55	5k	40.53
43	71	Lana	Bedingham	F45	5k	44.14

44	72	Rachel	Bedingham	FSEN	5k	44.14
45	84	Richard	Ellis	M45	5k	44.27
46	82	Jack	Ellis	MSEN	5k	44.51
47	117	Victoria	Rogers	F45	5k	44.55
48	80	Deborah	Ellis	F45	5k	45.25
49	111	Peter	Norman	M85	5k	50.37
50	75	Kirsty	Cameron	FSEN	5k	53.30
51	16	Wendy	Jones	F50	5k	56.18
52	86	Devon	Gregory	FSEN	5k	56.18
	116	Colin	Parry	M65	5k	DNS
	70	Shylah	Bailey	FSEN	5k	DNS
	73	Adam	Bourn	M55	5k	DNS
	78	Ann	Coackley	F55	5k	DNS
	87	Michael	Gregory	MSEN	5k	DNS
	89	Chad	Harper	MSEN	5k	DNS
	90	Harriet	Hill	FSEN	5k	DNS
	104	James	Kimber	MSEN	5k	DNS
	107	Olivia	Lowe	FSEN	5k	DNS
	115	Euan	Parr	MSEN	5k	DNS
	121	Ken	Williams	M65	5k	DNS